



- When your seamless, your doing what your are supposed to do, might it be at school or at work it does not matter, its the same •



Its Wednesday and work is going as usual. Its my rutine to wake up at 07:30 and eat a sadwich, do not organize my bed, just take on some clothes and head to work.

At work everything is as it is, its abit noicy, but that dont bother me, Im socializing like always, "Hi, finally back here and so on".

My tasks is just being done by me with some effortless mind planning. Still looks that the process to goal is being done.

My task is more or less same everyday, its not for me sleven the managers have it like this. We call it the phase, some like it some dislike but everyone has it.